

Debut Comp

① Choreography 30/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate or not.

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 30/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow 10/

all movements seamlessly connected, and do they reflect the rhythm and mood of the music?

- Pole Technique 10/

While the overall complexity of pole technique is not the primary focus, emphasis is placed on precision and cleanliness.

③ Presentation 10/

- The performance should be **credible and authentic**, with genuine emotions conveyed by the performer.
- The performer's emotions should be **projected through the entire performance**.
- Movements, choreography, and facial expressions should be executed with **consistent energy and control** throughout the performance.
- The performer should maintain a **calm and confident attitude** from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (large and small)

⑤ Inspiration and Memorability (Impact) 20/

- The performance should be a **polished and complete work of art** that captivates the audience and leaves a **lasting impression**.
- It should **inspire** the audience in some way.
- The performance should **make an impact**, emotionally or artistically.
- It should present something **unique**, whether through creativity, tricks, musicality, or choreography, that **distinguishes it from others**.

100/ points total

Plane style

① Choreography 30/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate or not.

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 30/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow 10/

all movements seamlessly connected, and do they reflect the rhythm and mood of the music?

- Pole Technique 10/

While the overall complexity of pole technique is not the primary focus, emphasis is placed on precision and cleanliness.

③ Presentation 10/

- The performance should be **credible and authentic**, with genuine emotions conveyed by the performer.
- The performer's emotions should be **projected through the entire performance**.
- Movements, choreography, and facial expressions should be executed with **consistent energy and control** throughout the performance.
- The performer should maintain a **calm and confident attitude** from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (large and small)

⑤ Inspiration and Memorability (Impact) 20/

- The performance should be a **polished and complete work of art** that captivates the audience and leaves a **lasting impression**.
- It should **inspire** the audience in some way.
- The performance should **make an impact**, emotionally or artistically.
- It should present something **unique**, whether through creativity, tricks, musicality, or choreography, that **distinguishes it from others**.

100/ points total

Heels style

① Choreography 30/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate or not.

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 30/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow 10/

all movements seamlessly connected, and do they reflect the rhythm and mood of the music?

- Heel Technique 10/

While the overall complexity of heels technique is not the primary focus, emphasis is placed on precision and cleanliness.

③ Presentation 10/

- The performance should be **credible and authentic**, with genuine emotions conveyed by the performer.
- The performer's emotions should be **projected through the entire performance**.
- Movements, choreography, and facial expressions should be executed with **consistent energy and control** throughout the performance.
- The performer should maintain a **calm and confident attitude** from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (large and small)

⑤ Inspiration and Memorability (Impact) 20/

- The performance should be a **polished and complete work of art** that captivates the audience and leaves a **lasting impression**.
- It should **inspire** the audience in some way.
- The performance should **make an impact**, emotionally or artistically.
- It should present something **unique**, whether through creativity, tricks, musicality, or choreography, that **distinguishes it from others**.

100/ points total

Doubles

① Choreography 30/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate or not.

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 30/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow & Synchro 10 pt

The unison pole trick and floor dance are synchronized and smooth and match the music.

- Pole Technique 10 pt

While the overall complexity of pole technique and doubles trick is not the primary focus, emphasis is placed on precision and cleanliness.

③ Presentation 10/

- The performance should be **credible and authentic**, with genuine emotions conveyed by the performer.
- The performer's emotions should be **projected through the entire performance**.
- Movements, choreography, and facial expressions should be executed with **consistent energy and control** throughout the performance.
- The performer should maintain a **calm and confident attitude** from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (large and small)

⑤ Inspiration and Memorability (Impact) 20/

- The performance should be a **polished and complete work of art** that captivates the audience and leaves a **lasting impression**.
- It should **inspire** the audience in some way.
- The performance should **make an impact**, emotionally or artistically.
- It should present something **unique**, whether through creativity, tricks, musicality, or choreography, that **distinguishes it from others**.

100/ points total

KIDS

① Choreography 30/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate or not.

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 30/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow 10/

all movements seamlessly connected, and do they reflect the rhythm and mood of the music?

- Pole Technique 10/

While the overall complexity of pole technique is not the primary focus, emphasis is placed on precision and cleanliness.

③ Presentation 10/

- The performance should be **credible and authentic**, with genuine emotions conveyed by the performer.
- The performer's emotions should be **projected through the entire performance**.
- Movements, choreography, and facial expressions should be executed with **consistent energy and control** throughout the performance.
- The performer should maintain a **calm and confident attitude** from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (large and small)

⑤ Inspiration and Memorability (Impact) 20/

- The performance should be a **polished and complete work of art** that captivates the audience and leaves a **lasting impression**.
- It should **inspire** the audience in some way.
- The performance should **make an impact**, emotionally or artistically.
- It should present something **unique**, whether through creativity, tricks, musicality, or choreography, that **distinguishes it from others**.

100/ points total

DREAM CUP

① Choreography 40/

- Theme and Concept 10/

Does the overall presentation align clearly with the theme and effectively communicate it?

- Originality 10/

Are pole work and floor work expressed in a distinctive manner?

- Originality 10/

Innovative tricks and transitions

- Interpretation and Harmony with Music 10/

Does the performance synchronize with the music, incorporating movements that complement the auditory experience?

② Body Control 50/

- Lines and Alignment 10/

Is there a conscious awareness of alignment from head to toe, maintaining correct positioning during transitions?

- Flow 10/

Are all movements seamlessly connected, and do they reflect the rhythm and mood of the music?

- Trick Technique 10/

Overall evaluation of trick technique complexity, with cleanliness being paramount.

- Power 10/

Examples: arm holds, shoulder mounts, aerial deadlifts

- Flexibility 10/

Examples: jade split, bird of paradise, cocoon, spatchcock

③ Presentation 10/

The performance should be credible and authentic, with genuine emotions conveyed by the performer.

- The performer's emotions should be projected through the entire performance.
- Movements, choreography, and facial expressions should be executed with consistent energy and control throughout the performance.
- The performer should maintain a calm and confident attitude from beginning to end.

④ Visuals 10/

Costume, Hair & Makeup, Props (Direction)

⑤ Inspiration and Memorability 20/

- The performance should be a polished and complete work of art that captivates the audience and leaves a lasting impression.
- It should inspire the audience in some way.
- The performance should make an impact, emotionally or artistically.
- It should present something unique, whether through creativity, tricks, musicality, or choreography, that distinguishes it from others.

130 points total